Highclare Preparatory School: St Paul's





W.C 18th November 2024

Monday

Honey roasted ham Vegetarian sausage rolls Roasted baby potatoes Cauliflower cheese Parsley sauce

Vanilla sponge cake

<u>Tuesday</u>

Mild chicken tagine Aubergine and chickpeas Moussaka Steamed rice Steamed hispi cabbage

Lemon and lime drizzle cake

<u>Wednesday</u>

Tomato & basil sauce Bacon carbonara sauce Penne pasta Crispy garlic focaccia Broccoli florets

Eat more fruit day

Thursday

Lemon chicken Japanese omelette Egg noodles Vegetable medley Lemon sauce

Chocolate brownie

Friday

Jacket potatoes Gluten free tofu tempura Baked beans Garden peas Sour cream Tomato salsa

Flapjack

KEY: (CE) celery (G) Cereals/Gluten (Cr) Crustaceans (E) Eggs (F) FISH (M) Milk (MU) Mustard (so) Soya (Su) Sulphites (L) Lupins FOR ALL ALLERGENS CONTAINED ON MENU, PLEASE REFER TO DAILY ALLERGEN SHEET